
**IMPORTANCE EDUCATION SOUL LEADERSHIP IN PREVENTION
BULLYING HAPPENED AMONG STUDENT SCHOOL MEDIUM FIRST**

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ABSTRACT

Bullying is the act of using power to hurt a person or group of people either verbally, physically or psychologically so that the victim feels pressured, traumatized and helpless (Sejiwa, 2008). Adolescents who are victims of bullying are more at risk of experiencing various health problems, both physically and mentally. The problems that are more likely to be suffered by children who are victims of bullying include the emergence of various mental problems such as depression, anxiety and sleep problems that may carry over into adulthood, physical health complaints, such as headaches, stomach aches and muscle tension, feeling unwell. safe while in the school environment, and decreased enthusiasm for learning and academic achievement. In quite rare cases, children who are victims of bullying may show violent traits. As experienced by a 15-year-old teenager in Denpasar, Bali, who had the heart to kill his own friend because of his grudge against the victim. The perpetrator admitted that he

had often been the target of bullying by victims since the first grade of junior high school.

This article aims to find out the factors that cause bullying by teenagers, the roles in bullying, and the types of bullying. The source of the data for this paper is the documentation study method. In this article the results show that the factors that influence the occurrence of bullying can come from individuals, families, play groups, to the perpetrator's community environment. This action is closely related to the world of social work, which in this case is required to become a counselor for bullies.

Keywords: bullying, victim, bully, intimidation.

INTRODUCTION

School age is a period that greatly determines the quality of an adult with the hope of being physically, mentally, socially and emotionally healthy. Cases that often occur at the school level that can affect a person's mental health is bullying. Where bullying is an aggressive act that is carried out repeatedly by someone who has more power against weak people, both physically and psychologically.

This is in line with Sejiwa's opinion which defines bullying as an act that uses power to hurt a person or group of people both verbally, physically and psychologically so that the victim becomes depressed, traumatized and helpless.

Based on research conducted by Nauli in 2016, it was revealed that out of 176 adolescents aged 15-17 years in several schools in Pekanbaru, 50.6% had high bullying behavior.

Research in Indonesia related to bullying was conducted by Juwita in 2012 with the results obtained that Yogyakarta had the highest number of bullying cases compared to Jakarta and Surabaya, with 70.65% of bullying cases occurring in junior high schools (SMP) and high schools (SMA). in Yogyakarta.

Cases of bullying do not only occur at the junior and senior high school levels, but elementary schools are also included in this case. Where the perpetrator often ridiculed his classmates so that the victim wanted to quit school, stay away from social relationships, often daydream (depressed), and even commit suicide. This can be proven from research conducted by Nauli in 2017 which stated that on July 15, 2005 a 13-year-old elementary school student committed suicide because he felt ashamed and frustrated due to being ridiculed.

Other data based on a survey conducted by Borba found that children aged 9 to 13 years admitted to bullying. A survey conducted at one of the elementary schools in Pekanbaru City showed that 6 out of 10 students had bullied their friends verbally or physically. This shows the high cases of bullying at school age.

Factors for the occurrence of this bullying include, namely differences in class (seniority), economy, religion, gender, families not getting along, the school situation is not harmonious, differences in individual or group characters, there is

grudge/jealousy, there is a passion to control the victim with physical strength, and increase the actor's popularity in the circle of his peers.

Forms of bullying that occur in schools can be in the form of: first, verbal. Where violence is done in the form of ridicule, insults, reproaches, slander. Second, physical. Where the violence perpetrated relates to a person's body which can be in the form of punches, spitting, slaps, kicks. Third, relational. Where violence occurs because of the emergence of certain groups that oppose other groups or individuals until there is exclusion.

With quite a worrying impact on victims of bullying, prevention is needed as soon as possible. Based on article 54 of Law Number 35 of 2014, "Children within and within the education unit are required to receive protection from acts of physical, psychological violence, sexual crimes, and other crimes committed by educators, education staff, fellow students, and/or other parties. other."

If someone is bullying, we must remain confident in facing this action with courage, save evidence of bullying so that it can be reported, never be afraid to speak or report even if threatened by the perpetrator, keep mingling with friends who make us confident and always Think positive. There are several ways to prevent bullying that can be done at school.

First , the school can provide education about bullying by making bullying posters that are displayed in the school environment.

Second, the entire school trains itself to have sympathy and empathy for other people who can support victims of bullying so that they can go through difficult times and get back up and get out of the bullying they experienced.

Third, the school can make rules with strict sanctions regarding acts of bullying in the school environment such as establishing appropriate, firm and fair handling procedures in following up on these actions so that bullies think before they do it.

Fourth, there is an open line of communication in reporting bullying so that the perpetrator's actions can be revealed. As often happens, victims do not dare to report what they have experienced.

Fifth, the school carried out an anti-bullying movement by spreading messages containing norms against bullying. These activities can be in the form of the Antibullying Day movement , holding art performances, signing an anti bullying declaration by the whole school, and other creative ideas.

Prevention of this act of bullying will be successful if all school members support all activities that can stop this action. Not only the school community, but the environment outside the school also plays an important role in forming positive values in society.

METHOD

Framework Solving Problem

Before conducting a site survey, we and the team discussed it first regarding concept and continuity of activities "importance soul education leadership in preventing bullying among school students medium first"

Then, we conducted a location survey to the school we had chosen as the place survey we later.

After conducting a site survey we returned to discuss to determine time implementation activity

We started preparing whatever things we needed in the activity the

On October 7, 2022 we carried out an activity which was located at SMP COUNTRY 1 TILONGKABILA.

audience Target

Target from activity we is student female student JUNIOR HIGH SCHOOL COUNTRY 1 TILONGKABILA that sit in seat class 9

Method Activity

In activity this we use method socialization which we do it by presenting material on leadership and building

Results

Target from activity we is student female student JUNIOR HIGH SCHOOL COUNTRY 1 TILONGKABILA which is average attending grade 9 school which at their age are being haunted by many things they want try and they want to know, in activity this is us try enter and introduce leadership spirit to them, the results of surveys and presentations we could in see from table which we serve following:

Table 1 ability student

| No | Aspect which in observation | Information | Completeness | |
|----|--|---|--------------|-----|
| | | | Yes | Not |
| 1. | Student ability to explain the theme activity. | In beginning activity we see para student already understand draft which we give and we immediately tried to test focus they with give question which where they can answer question the with good. | √ | |
| 2. | Student ability in leading yourself alone in circumstances bullied | We give a chance to student about How to lead self alone in circumstances bullied, then they answer with full | √ | |
| | | courage which where they no will bullied due to nature leadership which is in himself. | | |
| 3. | Student ability in talking on audience crowded for example at school | We give a chance for them to show nature leadership with method speak in audience crowded, and they can do it with good and spirit. | √ | |

From the table which in serve on we could see ability from all over participant for growing soul leadership on self they alone,

Discussion

The ability of junior high school students to grow soul leadership still very unstable especially rampant occur action Bullying often happens to students at the junior high school level. For That is the initial action or prevention so that bullying does not occur among students must continue to be intensified, one of which is through socialization activities as well as understanding to students female student related leadership and bullying.

The involvement of parents and also teachers certainly has a very powerful power greatly to the reduction of acts of bullying that often occur in students junior high school so understanding or education is very much needed given by the teacher in the teaching and learning process at school and parents guardian in life daily.

Evaluation which need for conducted in study this is evaluation related to the time for activities that are felt to be lacking so that the delivery of material to student female student not enough maximum. Beside that day which used for research is not quite right because it coincides with Friday which resulted time activity not enough maximum.

In addition, only grade 9 who took part in the activity was due to other classes no have time spare for follow activity.

Conclusion

The conclusions that can be drawn from this activity include the growth of leadership spirit and awareness of bullying in students of SMP NEGERI 1 TILONGKABILA

Suggestion

In the future, this kind of activity will be intensified for students school medium so that follow bullying among student can reduced even removed. The involvement of parents and teachers is very influential important in reducing acts of bullying that occur at school or at home and Public.

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