
MODELING OF NEONATAL MORTALITY RATES IN NIGERIA: AN INSIGHT TO THE UNITED NATIONS SUSTAINABLE DEVELOPMENT GOAL

Bororo, A.,¹

James, J. Yakoko.,¹

Mohammed, I.,¹

Babando, A. I.,²

¹College of Education Zing, Taraba State, Nigeria.

²Gombe State University, Gombe State, Nigeria.

johniniyaks@gmail.com

Abstract

The third Sustainable Development Goal (SDG) explicitly states that it is a priority to reduce neonatal mortality rate to 12 deaths per 1,000 live births due to its importance to population dynamics. Comparing Nigeria to other Sub-Saharan African countries, the neonatal mortality rate remains unacceptably high. Nigeria has the highest rate of neonatal deaths in all of Africa. The objective of this research is to model and generate projections of NMR in Nigeria using a time series approach in order to ascertain if Nigeria will achieve the SDG target of NMR by 2030. Using data from UN-IGME 2022, STATA version 12 was used for this study's data analysis. According to the forecasts, Nigeria's Neonatal Mortality Rate (NMR) would drop to about 27 deaths per 1,000 live births by 2030. Even while this would represent a significant improvement over earlier rates, the overall NMR aim would still be greatly missed. The Annual Reduction Rate (ARR) of NMR in Nigeria would need to be significantly raised in order to reach the stated reduction in NMR mentioned in the Sustainable Development Goal of the United Nations by the year 2030.

Keywords: Neonatal death, Mortality, Rates, Time series, models.

1.0 Introduction

Neonatal death, or the death of a newborn within the first 28 days of life, is defined as the death of a child under the age of one month. According to the 2014 UNICEF Annual Report, perinatal mortality remains a severe hazard to global public health, particularly in poor countries in Sub-Saharan Africa. Every day, over 6,700 newborn deaths occur, with approximately one-third of all neonatal deaths occurring during the first day of life and almost three-quarters occurring within the first week (UNICEF, 2020). In 2019, 2.4 million children died in their first month of birth throughout the world. In 2013, there were an estimated 6.3 million child deaths globally. 44% of these fatalities occurred during the neonatal phase (the first 28 days of life), and 75% occurred throughout the neonatal period. Nigerian Neonatal Mortality Rate (NMR) dropped by 20.4% from 49 fatalities per 1000 live infants in 1990 to 39 in 2011 (Ochaga *et al.*, 2014), 37 in 2013, and 34 in 2015. Different chances of survival begin at very young ages.

Sub-Saharan Africa had the highest NMR in the world, at 27 (24-32) fatalities per 1,000 live births, whereas the global NMR in 2021 was 18 (17-19) deaths per 1,000 live births. Child born in Australia and New Zealand, which has the lowest regional NMR in the world, is 11 times more likely to die in the first month of life than a child born in Sub-Saharan Africa. Central Africa follows Sub-Saharan Africa. Notably, when split down by sub-region, the Southern Asia sub-region leads the Central and Southern Asia region's high NMR, with 22 (20-25) fatalities per 1,000 new births in 2021, compared to Central Asia's 10 (6-13) deaths per 1,000 live births. A high-income child has a one-tenth reduced likelihood of dying in the first month of life than a low-income youngster. In 2021, NMRs varied from less than one death per 1,000 live births in the lowest mortality nation to roughly 53 times greater for a child born in the highest mortality country who died within the first 28 days of life. Nigeria's neonatal death rate has remained disconcertingly high when compared to other Sub-Saharan African countries. Nigeria has the highest rate of neonatal mortality in Africa (Onazi S. O. *et. al.*, 2021, Usman A. *et.al.* 2019).

The awareness that reliable and accurate NMR projections are both required and vital for the implementation of appropriate intervention programs and preventative measures for NMR reduction in Nigeria is what prompted the researchers to conduct this study in the first place. This will assist Nigeria in meeting the SDG objective of 2030. The purpose of this research is to model and forecast NMR in Nigeria using a time series approach in order to evaluate if Nigeria will meet the SDG target of NMR by 2030. The Nigerian federal government will be able to utilize this study to guide policy adjustments and policy implementation as it strives to fulfill the SDGs objective by 2030. It will also assist people active in the health industry and add to the organized body of knowledge (United Nations Sustainable Development Goals (SDG), (2015)).

2.0 Methodology

Nigeria is the major topic of this research, which includes the North Central, North East, North West, South-East, South-South, and South-West geopolitical zones, as well as 36 states and the Federal Capital Territory (FCT). This study relied on World Bank data and estimates from the United Nations Inter-Agency Group for Childhood Mortality Estimation (UN-IGME, 2022). The data in this study was analyzed using STATA software, version 12.

3.0 Results and Discussions

Table 1 presents the data, which is the NMR estimations for Nigeria, precisely 1972 to 2021.

Table 1: Estimate of NMR and IMR in Nigeria (1972 - 2021).

| S/NO | YEAR | NMR | S/NO | YEAR | NMR |
|------|------|-------|------|------|-------|
| 1. | 1972 | 63.72 | 28 | 1999 | 47.37 |
| 2. | 1973 | 62.39 | 29 | 2000 | 46.43 |
| 3. | 1974 | 61.02 | 30 | 2001 | 45.35 |
| 4. | 1975 | 59.66 | 31 | 2002 | 44.18 |
| 5. | 1976 | 58.30 | 32 | 2003 | 43.04 |
| 6. | 1977 | 57.02 | 33 | 2004 | 41.91 |
| 7. | 1978 | 55.78 | 34 | 2005 | 40.93 |
| 8. | 1979 | 54.55 | 35 | 2006 | 40.07 |
| 9. | 1980 | 53.44 | 36 | 2007 | 39.39 |
| 10. | 1981 | 52.36 | 37 | 2008 | 38.90 |
| 11. | 1982 | 51.48 | 38 | 2009 | 38.47 |
| 12. | 1983 | 50.79 | 39 | 2010 | 38.10 |
| 13. | 1984 | 50.22 | 40 | 2011 | 37.80 |
| 14. | 1985 | 49.81 | 41 | 2012 | 37.59 |
| 15. | 1986 | 49.55 | 42 | 2013 | 37.43 |
| 16. | 1987 | 49.51 | 43 | 2014 | 37.37 |
| 17. | 1988 | 49.59 | 44 | 2015 | 37.22 |
| 18. | 1989 | 49.67 | 45 | 2016 | 37.02 |
| 19. | 1990 | 49.77 | 46 | 2017 | 36.74 |
| 20. | 1991 | 49.82 | 47 | 2018 | 36.39 |
| 21. | 1992 | 49.88 | 48 | 2019 | 35.94 |
| 22. | 1993 | 49.88 | 49 | 2020 | 35.48 |
| 23. | 1994 | 49.86 | 50 | 2021 | 34.92 |
| 24. | 1995 | 49.68 | | | |
| 25. | 1996 | 49.34 | | | |
| 26. | 1997 | 48.83 | | | |
| 27. | 1998 | 48.17 | | | |

Source: UN-IGME 2022.

Time series analysis and the Auto Regressive Integrated Moving Average (ARIMA) approach, created by Box and Jenkins (1976) were used to make the forecast. The absence of stationary in the data in Table 1 was investigated.

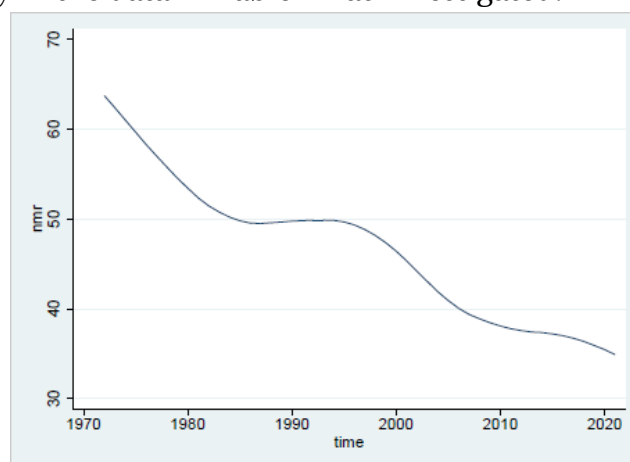


Figure 1: The Time Series plot of NMR in Nigeria from 1972 to 2021

Figure 1 depicts a time series plot of NMR in Nigeria from 1972 to 2021. A visual examination of the time series plot in Figure 1 reveals that the series is non-stationary since it drops at a constant pace and displays patterns and seasonality. The correlogram, which depicts autocorrelation and partial autocorrelation function plots, demonstrated a high significant ACF for time delays that gradually diminish in magnitude but do not decay to zero (slow decay). As seen in Figure 2, the ACF follows a pattern similar to that of a non-stationary time series.

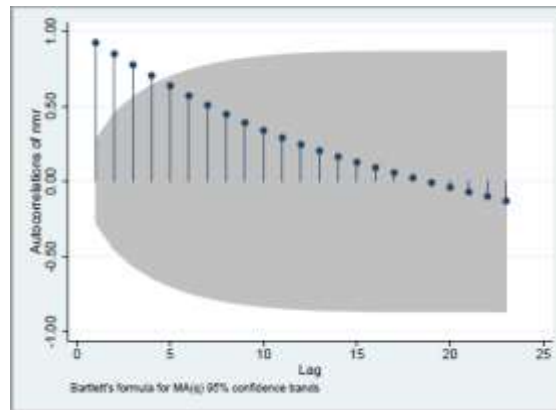


Figure 2: ACF Exhibiting Pattern

The time series plot in Figure 1 shows that the series was non-stationary, as determined by the Augmented Dickey Fuller test (Dickey and Fuller, 1979). The series is transformed into a stationary series by using the third difference from the time series data and generating the time plot illustrated in Figure 3.

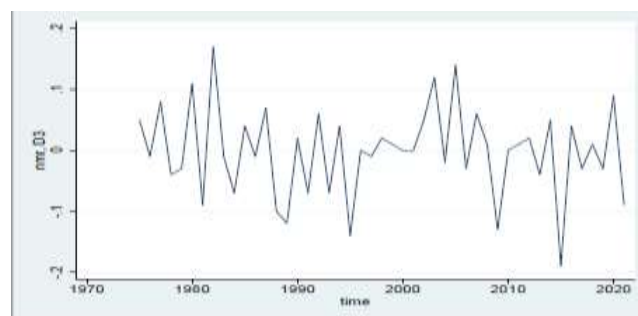


Figure 3: Visual Inspection of Time Plot

A visual examination of the time plot of the differenced series in Figure 3 shows that it seems stable and devoid of trend, implying that the mean and variance are now constant through time. For stationarity, we use the unit root test. If the series has a unit root, it is non-stationary because it fails the primary condition of time series modeling, which is a zero mean and constant variance (Dickey and Fuller, 1979).

To test for stationary in the time series data, we adopt the following hypothesis:

H₀: the series contains a unit root

H₁: there is no unit root in the series

We shall reject the null hypothesis and conclude that the alternative hypothesis is true if the p-value is less than the significance level 0.05.

Table 2. Augmented Dickey-Fuller Tests.

| Test Statistic | 1% Critical Value | 5% Critical Value | 10% Critical Value |
|----------------|-------------------|-------------------|--------------------|
| Z (t) | -9.628 | -4.187 | -3.190 |

MacKinnon approximate p-value for Z (t) = 0.0000

We reject the null hypothesis since the estimated p-value = 0.000 in Table 2 is less than 0.01, and we infer that the alternative hypothesis H1 is true, meaning that the series is stationary after calculating the third difference (d = 3). Plots of the autocorrelation and partial autocorrelation functions at several time delays provide additional evidence that the series is stable. These plots are often used to identify plausible models. The autocorrelation plot and partial autocorrelation plot for the differenced NMR are shown in Figures 4 and 5.

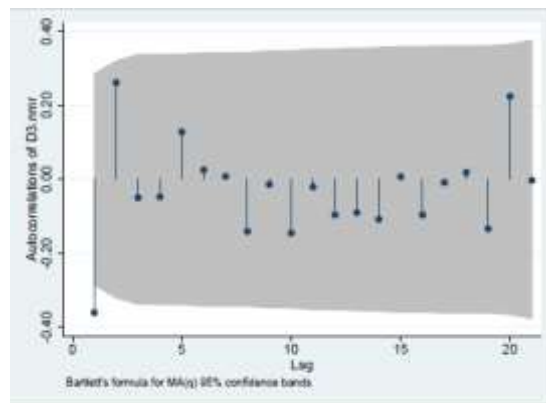


Figure 4: MA (1) model

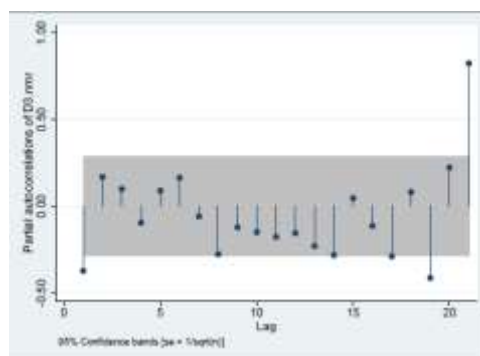


Figure 5: ARIMA models

Figure 4 shows that just one major time lag error bound, which signals an MA (1) model, surpasses the significant threshold. Other time delays are all within acceptable limits. It is obvious that an AR (3) model exists since three significant time delays exceed the considerable threshold, which is the error bound. Other time delays are all within acceptable limits. (As illustrated in figure 5, the order of the AR component might be 1, 2, or 3. According to the study, three ARIMA models have been found as viable candidates: ARIMA (1, 3, 1), ARIMA (2, 3, 1), and ARIMA (3, 3, 1).

In order to identify the best ARIMA model to fit the NMR series, the log likelihood value, the Akaike's Information Criterion (AIC), and the Bayesian Information Criterion (BIC) are calculated and compared for a set of ARIMA models chosen based on the principle of parsimony and recognizable patterns of the ACF and PACF of the time series data.

Table 3: ARIMA models for NMR

| Criteria | Model | | | Best model |
|----------------|---------------|---------------|---------------|------------|
| | Model A | Model B | Model C | |
| | ARIMA (1,3,1) | ARIMA (2,3,1) | ARIMA (3,3,1) | |
| AR & MA | 2/2 | 2/2 | 2/2 | = |
| Log Likelihood | 59.99113 | 60.38538 | 60.64473 | A |
| Akaike | -113.9823 | -112.7708 | -111.2895 | A |
| Bayesian | -108.4318 | -105.3702 | -102.0387 | A |
| Best Model | | | | A |

When the three alternative models are compared, it becomes clear that ARIMA (1,3,1) is the best model for NMR in Nigeria since it has the lowest AIC, BIC, and LOG Likelihood values. If the only thing left after fitting the model is white noise residuals, the model is correct. In this case, the residuals must have a constant variance and be uncorrelated. Table 4 shows the results of the Portmanteau test for white noise. This shows that the residuals are white noise, and the residual plots in figure 6 show that there is no trend, allowing us to forecast using the selected model.

Table 4: Portmanteau test for white noise

| | |
|-----------------------------|---------|
| Portmanteau (Q) statistic = | 18.8325 |
| Prob > chi2(21) = | 0.5959 |

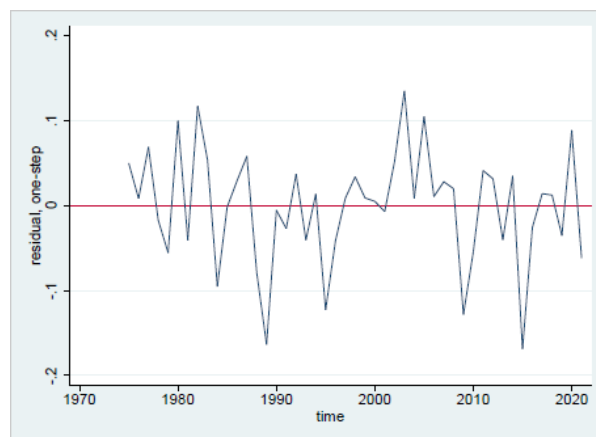


Figure 6: Residual plots

After fitting the ARIMA (1, 3, 1) model to forecast for the future values of NMR up to year 2030, the following forecast estimates in Table 5 are obtained.

Table 5: Forecast of NMR in Nigeria.

| Year | NMR | Forecast | Year | NMR | Forecast |
|------|-------|----------|------|-------|----------|
| 2010 | 38.1 | 38.14388 | 2021 | 34.92 | 34.97625 |
| 2011 | 37.8 | 37.77948 | 2022 | | 34.29894 |
| 2012 | 37.59 | 37.5691 | 2023 | | 33.59414 |
| 2013 | 37.43 | 37.46336 | 2024 | | 32.8188 |
| 2014 | 37.37 | 37.3353 | 2025 | | 31.96524 |
| 2015 | 37.22 | 37.38919 | 2026 | | 31.03793 |
| 2016 | 37.02 | 37.05011 | 2027 | | 30.03427 |
| 2017 | 36.74 | 36.73948 | 2028 | | 28.95578 |
| 2018 | 36.39 | 36.3976 | 2029 | | 27.80156 |
| 2019 | 35.94 | 35.96235 | 2030 | | 26.57214 |
| 2020 | 35.48 | 35.40211 | | | |

According to the estimates, the annual reduction rate (ARR) will be 1.24% by 2030, representing a 24% drop in the incidence of NMR. We were able to compare the first ten projected values (2017-2021) of NMR in Nigeria with the observed values after fitting the time series data using the ARIMA (1, 3, 1) model. This allowed us to establish the forecast error distribution, which is given in Table 6.

Table 6: Distribution of the forecast error of NMR in Nigeria

| Year | Observed value | Forecast | Forecast error |
|------|----------------|----------|----------------|
| 2017 | 36.74 | 36.74 | 0 |
| 2018 | 36.39 | 36.39 | -0.01 |
| 2019 | 35.94 | 35.96 | -0.02 |
| 2020 | 35.48 | 35.40 | 0.08 |
| 2021 | 34.92 | 34.98 | -0.06 |

Because the forecast errors are so small, we also examine the plot of the predicted NMR versus NMR and find that their movement patterns are identical, which makes the forecast plausible.

4.0 Conclusion

Based on the projected estimate, Nigeria is expected to reduce its Neonatal Mortality Rate (NMR) to approximately 27 deaths per 1,000 live births by 2030. While this represents progress compared to previous rates, it remains notably below the overarching NMR target. To reach the reduction goal for NMR outlined in the United

Nations' Sustainable Development Goal by 2030, there would need to for a substantial increase in the Annual Reduction Rate (ARR) of NMR in Nigeria.

References

1. Box, G. E. P., & Jenkins, G.M. , (1976). *Time Series Analysis, Forecasting and Control*, Holden-Day. Oakland, CA, USA.
2. Dickey, D.A., & Fuller, W.A., (1979). Distribution of the Estimators for Autoregressive Time Series with a Unit Root. *Journal of the American Statistical Association*, 36(6):427-431.
3. Ochaga, M.O., Abah, R.O., Michael, A., Yaguoide, L.E., Onalo, R., Idoko, A, *et al.* (2020). Retrospective Assessment of Neonatal Morbidity and Mortality in the Special Care Baby Unit of A Private Health Facility in Benue State, North Central Nigeria. *Niger Journal of Paediatrics*, 47:353-7.
4. Onazi, S.O., Akeredolu F.D., Yakubu, M., Jiya, M, N., Han,o I.J. (2021). Neonatal Morbidity and
5. Mortality: A 5-year Analysis at Federal Medical Centre, Gusau, Zamfara State, Northwest Nigeria. *Annals of Medical Research and Practice*, 2(10): 1-5.
6. UNICEF Annual Report. UNICEF ongoing effort to realize the rights of every child, UNICEF for every Child. (2014).
7. UNICEF. (2020). Multiple Indicator Cluster Survey (MICS) 2016-17, Survey Findings Report. Abuja, Nigeria.
8. United Nations Inter-Agency Group for Child Mortality Estimation (UN-IGME), (2022). Levels & Trends in Child Mortality - Report 2013. UN Inter-Agency Group for Child Mortality Estimation. United Nations, New York.
9. United Nations. Sustainable Development Goals (SDG), (2015). Washington, DC.
10. Usman, A., Sulaiman, M.A., & Abubakar, I. J., (2019). Trend of Neonatal Mortality in Nigeria from 1990 to 2017 using Time Series Analysis. *Applied Science and Environmental Management Journal*, 23(5):865-869.

