

## MODEL VIRGINIA SATIR'S FOR INTERACTION FAMILY CONSENSUAL IN SHAPING RESILIENCE FAMILY IN THE DIGITAL ERA

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### ABSTRACT

Communication basically is important thing For guard harmony family. Ability member family for endure life will depends on ability they For communicate. Virginia Satir describes communication the good one as open, clear , honest and harmonious communication. Draft i -message from Virginia Satir believed capable build congruent interpersonal communication (in family). Application communication this is very correct applied to the type family consensual that is family Which own conformity And conversation Which high. Application i-good message in family consensual will give birth to resilience a strong family, that is resilient family to threat external. Method used in study This is studies case with approach qualitative. Paradigm communication Which used is postpositivist with tradition sociopsychological. Informant in study This is family consensual. Test validity data use triangulation source . Results study show that application of 5 i -message formulas consisting of from: sensing, emotion, want, behavior, and effect in communication family consensual cause interaction and communication more intensive so that resilience family formed with strong.

**KEYWORDS:** I -message, consensual, resilience family.

### INTRODUCTION

The family is the smallest community group in the order of human life. The family is the oldest community group compared to other community groups. Just like the existence of society, families are always experiencing change. These changes occur, among others, in the status and position of parents, the status of members in the family, views on the

number of children, views on education for children, as well as the values and outlook on life that grow and develop within families in society.

The family is the smallest unit of society which is the core and joints of society. The welfare of society depends on the families in that society. If the family is prosperous, then society will be prosperous too. On the other hand, many families are poor, so the people in that neighborhood are assumed to be poor.

A family is a group of people consisting of a father, mother and children (or without children) who are deliberately formed based on marriage, live in a certain place and have certain functions. Many things are changes in the family. In the past, parents, especially fathers, had absolute power in the family. All family members must obey the father's wishes. One example is an arranged marriage for his child. Another example is that women's position in the family is considered to be under the authority of men. So women are required to obey their husband's wishes in the family. In this millennium, these conditions have changed a lot. The power and dominance of men as husbands and fathers in the family is starting to be abandoned. Regarding arranged marriages, for example, it no longer depends on the wishes of the parents but rather by giving the child the opportunity to choose. The job of parents is just to give direction, advice, according to the norms and ethics that apply in society. Likewise, the status or position of women, which in ancient times was considered to be under the authority of men, now the position of women in certain respects is equal to that of men.

Furthermore, along with public awareness about the importance of education for individuals, awareness of education in the family has also begun to grow and develop. In general, society has begun to realize how important education in the family is in supporting education in other channels. It is realized that educational success in formal education and non-formal education is also determined by the success of education in the family.

The development of individual and community needs and aspirations causes the role of families in their children's education to change. As children's needs and aspirations increase, families are generally unable to meet them. Therefore, some of the educational goals will be obtained through school education or formal education and out-of-school education or non-formal education. This does not mean that families can escape their responsibility for children's education, because families are expected to be able to collaborate and support other educational activity centers, namely schools and communities. The function and role of the family is not limited to family education, but more than that, namely the family is also responsible for other education.

Family on basically own types separately Which form teak self family. Wrong One type family according to Anne Mary Fitzpatrick is type consensual with characteristic own suitability And conversation Whichhigh (Setyawan, 2021). Family consensual started with The family "consensus" agreed things that Good for family. Type family This assessed capable form family with mutual basis have and concern One each other is strong. Rumata Studies in 2022 related communication family mention that communication Which happen on family consensual will give rise to taking decision Which appropriate from person appropriate age

with condition his family. Draft family consensual born from theory scheme connection family created by Fitzpatrick and Corner. This theory is basically will explain about types family in ways member family as individual looking family That yourself . Therefore that, Fitzpatrick And Corners name method think like This as "scheme relationship "(Fletcher, 1993). Scheme connection You on basically consists on knowledge You about self You alone , person other, And relationship ,in line with knowledge about How interact in relationship. Schemes are also a one setour regular memories use any time We interact with other people. Need it is also known that scheme connection individual with other individuals are divided become levels from the most common until most specifically (Littlejohn, 2009). Family consensual usually will apply interpersonal communication, that is communication two direction with mutual understanding Which high. Although in in family there is rolesthat must Keep going guarded with must values respected. However, family consensual more value opinion individual Because they consider that individual Which form family become intact And harmonious. There is intensive, open, as well as communication exists inside goal family For Keep going guard harmony in in family in line with draft communication family Which triggered by Virginia Satirical.(Asyhabuddin, 1970). Draft base communication Virginia Satir's family is urgency in guard wholeness as well as harmony family through intensive communication One with others. Because basically , based on characteristic experience human, He can endure in environment social Because own ability communication Which good . Communicationas process in imagine like " A huge umbrella that covers and effect all that goes on between humans being". With understanding other, is something protector influencing giant all activity human. Because everyone man will do activity communication both verbal and non-verbal during his life. Virginia Satir put forward that successful communication especially family is "connected" communication. Communication congruent is complete communication with consider related is We communicate with other people, how? method We say it when time We said it as well as in context like What communication That happened. Honest, clear, and honest communication open is typecommunication Which most Good in its implementation . Called communication congruent If complete four elements : First communicator (self alone ), communication (person other), topic, as well as context . Communication Can So incongruent If Wrong One from fourth aspect the No there is, or in Language simple can call communication Which No in line .(Elfira, 2023)

To four element congruent communications the requires exists grouping communicator into the 5 categories : first placeter or placating communicator, type communicator This is Very communicator No want to disappointing , no want to disagree , no want to do debate with communication . Placeter want to against he spoke like during the communication process happens, though in context This Can So He ignore his wish yourself. Inferiority is reason main somebody become placeter . Second blamer or blaming communicator, person with type communicator This is someone who doesn't want to be wrong (feel always right). If There is problem inside family, then what is wrong is member other families don't himself, even in the end communicator give share in problem that . Communication style the blamer is blame and rule. Family must formed on the rules himself and his orders must obeyed.

Blamer attached characteristic superiority to communication. Third computer or computing communicator. Communicator This also called super reasonable or Also rational communicator. Computers tend ignore aspects himself alone , communication , context as well as other people. Computer tries For No There is irregularities and all walk in accordance rule And habit Which normal done. To four distractor or distracting communicator. Distractors is communicators who don't want to congruent communication is carried out. Distractors tend to No focus on topic in communication process . As characteristic He often feel guilty, depressed , etc panic . There is trend also for avoid existing discussions problem , so he No need involved in problem.(Muhyatun, 2022)

## METHODS

Study This use approach qualitative. Approach qualitative done with use method interviews and observations For explore more carry on how about 1 family capable do communication i -message. Because of the approach qualitative prioritize researcher as instrument research, then researcher will create an interview draft For dig information as much as possible from informant (Bogdan, R.C. & Biklen, 1988). Source data 1 family Which consists from 4 member family : Father, mother , And two person child. For get reliability instrument so researcher I will do it myself repair quality of draft interviews and observations from several times trial. Study This nature a posteriori , i.e all incident has ongoing and has been experienced by the subject informant . Study This obtain primary data from results interviews conducted with three informant.(Sugiyono, 2012). Data this primer used For dig information about evaluation family consensual , application communication i -message , and resilience family from each member family . Observation too done For get data supporters . Analysis data done For find meaning from every data Which collected . Then after all overdata collected so furthermore sorted , connected , and compared between One with others. With use a thought process rational , analytical , critical , and logical , sought similarities and differences . Answer or response given by each \_ informant analyzed so that can withdrawn conclusion about response What Which most Lots given by informant.(Mulya, H., E. G. Sukoharsono, A. Djamburi, 2016)

## RESULTS AND DISCUSSIONS

### A. Description Resilience Family

Determination family consensual Which focused in study This on basically is For focus communication i -message is identical occurs in the family model consensual. Focusing This aim for characterize individual as well as relation Which woke up. As form relation family, type family This based on ways individual inside family see family they yourself . Relation This Then will realize scheme relations consisting on knowledge us, other people's knowledge, as well internal interactions the relationship. Knowledge created. This will build description connection on experience We as well as will form behavior We in something relationship. Realized knowledge in regular memory. This will used moment We interact with other people especially member family us. Family Mr 'P' belongs family consensual Because assessed have level suitability as well as conversation

Which high . Family This classified intense in talking, happen Lots dialog, although There is figure taker decision Which agreed that is Father. His height intensity suitability as well as conversation according to Fitzpatrick is form of travel process something family. on basically This No so just present, but must Keep going pursued and maintained . If it happens nonconformity, then must There is individual playing role For return circumstances become appropriate and ideal again(Djafri & Rahmat, 2017).

## **B. Application I-Message in Family Consensual**

Table 2. Matrix Children's I-Message

| Elements         | Implementation   |
|------------------|--|
| <b>Sensing</b>   | <p>Mom told me to 'A', a day Can Eat 3 supplements and vitamin, And There is Which it feels like bitter ...</p> <p>'A' working task in outside yes mah , in House noisy There is okay ..</p> |
| <b>emotions</b>  | <p>'A' doesn't like it mah with the vitamin "D" consumed while eat , weirdit feels ...</p> <p>'A' So No Can focus learn ..</p>   |
| <b>want</b>      | <p>Can No mah Eat vitamin 'D' - his No every day ...</p> <p>'A' Want to working in café aj once in a while ...</p>   |
| <b>behaviour</b> | <p>Later 'A' sunbathe Just every Morning as instead ...</p> <p>Later 'A' still wear face mask why ...</p>  |
| <b>effect</b>    | <p>Right The same Just mah the result 'A' Also Can got it vitamin The 'D' fromsun ..</p> <p>Task So fast finished Because 'A' Can focus do it ...</p>  |

Source : ( Processed author )

From the matrix above seen that child First has do i -message to member another family in context Covid-19 pandemic. His senses accept condition basically external make He No feel comfortable in a way emotional. Sense taste And hearing give sensing to “AR” that happen something that is in dissonance ( contrary ) with his habit everyday . Change This make He realize that He feel No comfortable with condition just outside his habit . There's a thing different from usually, however must still He do Because condition external forcing “AR” to can adapt self with environment .Sensing and facing emotions \_ condition threat external give rise to desire individual For look for solution from problem Which He currently face it . Desires This Can form effort run from problem , or effort for finish problem . Selected decision in effort fulfillment desire is very dependent from other people's responses to communication that he wake up (Rahmat, 2017).

### C. Communication I-Message Shaping Resilience Family

In Virginia Satir's view, Communication is important thing for guard harmony all over family. Ability man to survive depends on his abilities For communicate. Virginia Satir

describes the communication process as "A huge umbrella that covers and effects all that goes between human beings". A umbrella a giant that overshadows and influences everything that happened between human. Everyone is involved communication verbally or non verbal throughout aspect his life(Suryanto & Rahmat, 2018) .

Good communication No just exchange of words between individual. Good communication is about what are we tell me , how We said it , as well when , and in context What We said it . Good communication is communication delivered with open, clear and honest . Such communication is called Congruent communication (connected).

## CONCLUSIONS

Family built on communication, and communication family become base wholeness as well as harmony family. because it's for the family can endure they must look after internal communication family. Communication model Virginia named satyr i -message is a facilitating communication model as well as bridge differences individual in in family . Model i -message Which emphasize on communication congruent match applied to the type family consensual , that is family who owns communication and conversation high . Application i -good message to the family consensual in the end will form resilience family Which solid.

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